

**Volunteers of America Oregon
Men's Residential Center**



**Presents the Al Forthan Memorial Recovery Scholarship
Training Series**

- Featuring:** Stèphanie Wahab, Ph.D.
- When:** Friday, September 24, 2010
8:30am to 1:00pm (Check-in 8:00 to 8:30am)
- Where:** Westminster Presbyterian Church
1624 NE Hancock Street, Portland OR 97212
- Why:** Fundraiser for the Al Forthan Memorial Recovery Scholarship
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Title: Motivational Interviewing—Rolling With Resistance, Inspiring Change

Purpose: This workshop will provide a brief overview of Motivational Interviewing with specific attention to practice skills associated with rolling with resistance. Workshop participants will have the opportunity to both learn about and practice various techniques and skills to work with clients who are not yet motivated, ready, or confident to engage in behavior change.

Workshop Leader: Stèphanie Wahab, Ph.D., is an Associate Professor at Portland State University's School of Social Work. She has been practicing Motivational Interviewing (MI) for the past 16 years and has been an MI trainer since 2000. Dr. Wahab had the good fortune of being trained by Dr. Bill Miller as well as other key MI practitioners and scholars. She is a member of the international network of MI trainers known as MINT. She teaches MI at PSU and trains individuals and organizations locally and nationally. She has trained individuals in MI in the areas of substance use, dual diagnoses, domestic violence, case management, dietary modification, smoking cessation, harm reduction, public health, and HIV/AIDS prevention. She has also been engaged in a number of federally-funded intervention studies using MI including a current community-based participatory research project in Portland with African-American survivors of intimate partner violence who have also experienced depression.

Stèphanie is generously donating her services and expertise. All proceeds raised will go directly to the scholarship fund.

Continue to the next page for registration information.

Money raised from this training will go to support the Al Forthan Memorial Recovery Scholarship.

The purpose of the scholarship is to honor Al, encourage students to explore how addiction has impacted our community, and to think about solutions to this complex problem. Al was the first alumnus to work at the MRC. He worked from his heart and brought love, wisdom, integrity, humility, and a deep passion and commitment to recovery. Al touched the lives of hundreds of men and was the ultimate role model of recovery.



In 2010, we were able to award \$20,500 to graduating seniors from the Portland area! In 2011, we hope to award even more scholarships. In addition, the scholarships to students from addicted families will be open to students across the state of Oregon, not just the Portland metro area. Scholarships are awarded based on essay responses.

*Cost: \$50
Will Include 4 CEUs
pending from ACCBO as
well as Drinks and
Snacks*

Any Questions:
Call or Email Anna Kirkpatrick
at (503) 802- 0303 or
akirkpatrick@voaor.org

Please Detach Portion Below the Dotted Line & Mail with Payment

Registration Information:

NAME: _____

EMAIL: _____

PHONE: _____

ORGANIZATION: _____

Amount Enclosed: _____

Make Checks Payable to
Volunteers of America

In Memo Section Note "For Al's Scholarship"

**MAIL TO: Volunteers of America – MRC
2318 NE MLK Jr. Blvd.
Portland, OR 97212
Attn: Anna Kirkpatrick**